

Championnats BCBW 400 nl 2010  
BOUST, piscine 25M, 6 couloirs, 10.1.2010

1 - Championnats BCBW 2010 400 nl

10.1.10 - 13:30

Epreuve 1 Filles, 400m Libre 8 - 10 ans  
10.1.10 - 13:30 Liste résultats

Points: FINA 2008

Rang			AN						Temps	Pts		
10 ans												
1.	DUSON, Lency		00	CNBA						<b>6:28.83</b>	235	
	50m:	41.31	41.31	150m:	2:18.28	49.60	250m:	3:58.93	50.42	350m:	5:39.43	49.11
	100m:	1:28.68	47.37	200m:	3:08.51	50.23	300m:	4:50.32	51.39	400m:	6:28.83	49.40
2.	SCHOEMANS, Stéphanie		00	LSC						<b>6:52.39</b>	197	
	50m:	43.46	43.46	150m:	2:28.62	54.28	250m:	4:17.45	54.87	350m:	6:52.44	47.86
	100m:	1:34.34	50.88	200m:	3:22.58	53.96	300m:	6:04.58	1:47.13	400m:	6:52.39	

Epreuve 2 Messieurs, 400m Libre 11 ans et plus  
10.1.10 - 13:40 Liste résultats

Points: FINA 2008

Rang			AN						Temps	Pts		
11 ans												
1.	STAVART, Corentin		99	BOUST						<b>5:53.59</b>	234	
	50m:	40.10	40.10	150m:	2:08.71	44.02	250m:	3:40.07	45.70	350m:	5:11.75	45.68
	100m:	1:24.69	44.59	200m:	2:54.37	45.66	300m:	4:26.07	46.00	400m:	5:53.59	41.84
2.	SOONTJES, Elliot		99	BOUST						<b>6:06.15</b>	211	
	50m:	41.40	41.40	150m:	2:13.59	46.41	250m:	3:47.90	47.28	350m:	5:21.70	46.73
	100m:	1:27.18	45.78	200m:	3:00.62	47.03	300m:	4:34.97	47.07	400m:	6:06.15	44.45
3.	NAÏLI, Vick		99	CNSW						<b>7:25.46</b>	117	
	50m:	48.61	48.61	150m:	3:35.36	55.93	250m:	6:31.90	58.22	350m:		
	100m:	2:39.43	1:50.82	200m:	5:33.68	1:58.32	300m:			400m:	7:25.46	
4.	MANDERVELD, Martin		99	CNSN						<b>7:31.74</b>	112	
	50m:	46.26	46.26	150m:	2:39.18	57.93	250m:	4:36.05	57.90	350m:	6:32.96	58.09
	100m:	1:41.25	54.99	200m:	3:38.15	58.97	300m:	5:34.87	58.82	400m:	7:31.74	58.78
5.	TRUONG, Jefferson		99	CNSN						<b>8:04.95</b>	91	
	50m:	47.87	47.87	150m:	2:49.74	1:01.43	250m:	4:59.07	1:04.41	350m:	7:07.54	1:04.10
	100m:	1:48.31	1:00.44	200m:	3:54.66	1:04.92	300m:	6:03.44	1:04.37	400m:	8:04.95	57.41
disq.	PAVEZ MORO, Jérémy		99	CNSN								

12 ans

1.	LHEUREUX, Tom		98	BOUST						<b>5:41.66</b>	259	
	50m:	39.35	39.35	150m:	2:06.62	43.69	250m:	3:32.27	42.76	350m:	4:59.33	44.08
	100m:	1:22.93	43.58	200m:	2:49.51	42.89	300m:	4:15.25	42.98	400m:	5:41.66	42.33
2.	DEBELLE, Aloïs		98	CNJ						<b>5:50.13</b>	241	
	50m:	38.59	38.59	150m:	2:06.61	44.38	250m:	3:37.60	45.94	350m:	5:09.68	45.56
	100m:	1:22.23	43.64	200m:	2:51.66	45.05	300m:	4:24.12	46.52	400m:	5:50.13	40.45
3.	TILMAN, Martin		98	CNJ						<b>6:07.69</b>	208	
	50m:	39.76	39.76	150m:	2:12.89	47.10	250m:	3:47.23	47.29	350m:	5:21.60	46.37
	100m:	1:25.79	46.03	200m:	2:59.94	47.05	300m:	4:35.23	48.00	400m:	6:07.69	46.09
4.	BEAUVOIS, Florent		98	BOUST						<b>6:09.70</b>	205	
	50m:	40.23	40.23	150m:	2:13.40	46.83	250m:	3:48.14	47.85	350m:	5:24.38	47.73
	100m:	1:26.57	46.34	200m:	3:00.29	46.89	300m:	4:36.65	48.51	400m:	6:09.70	45.32
5.	JACQUEMYN, Gabriel		98	CNJ						<b>6:15.93</b>	195	
	50m:	38.69	38.69	150m:	2:12.68	47.55	250m:	3:51.24	49.69	350m:	5:30.90	50.01
	100m:	1:25.13	46.44	200m:	3:01.55	48.87	300m:	4:40.89	49.65	400m:	6:15.93	45.03

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Epreuve 2, Garçons, 400m Libre, 12 ans

Rang			AN				Temps		Pts
6.	FARRAPA PINGUINHAS, Lucas		98	CNSN			<b>6:25.34</b>		181
	50m:	39.88 39.88	150m:	2:16.68 49.45	250m:	3:57.09 50.53	350m:	5:38.28 50.21	
	100m:	1:27.23 47.35	200m:	3:06.56 49.88	300m:	4:48.07 50.98	400m:	6:25.34 47.06	
7.	MOERS, Valentin		98	CNJ			<b>6:27.64</b>		177
	50m:	42.17 42.17	150m:	2:21.39 50.13	250m:	4:03.44 51.43	350m:	5:42.25 49.18	
	100m:	1:31.26 49.09	200m:	3:12.01 50.62	300m:	4:53.07 49.63	400m:	6:27.64 45.39	
forf.nd.	BEGUIN, Maxime		98	SCR					
forf.nd.	MAHMOUDI, Rayane		98	RBP					

13 ans

1.	DE WEE, Amaury		97	CNJ			<b>5:04.03</b>		368
	50m:	33.96 33.96	150m:	1:51.66 39.05	250m:	3:10.37 39.48	350m:	4:27.86 38.32	
	100m:	1:12.61 38.65	200m:	2:30.89 39.23	300m:	3:49.54 39.17	400m:	5:04.03 36.17	
2.	BORISAVLJEVIC, Valentin		97	RBP			<b>5:07.23</b>		357
	50m:	35.97 35.97	150m:	1:53.91 39.28	250m:	3:11.75 38.94	350m:	4:30.38 38.80	
	100m:	1:14.63 38.66	200m:	2:32.81 38.90	300m:	3:51.58 39.83	400m:	5:07.23 36.85	
3.	BEN SALEM, Nour		97	LSC			<b>5:27.46</b>		294
	50m:	34.49 34.49	150m:	1:54.11 41.22	250m:	3:19.16 42.60	350m:	4:45.91 43.30	
	100m:	1:12.89 38.40	200m:	2:36.56 42.45	300m:	4:02.61 43.45	400m:	5:27.46 41.55	
4.	DESAUSOI, Laurent		97	SCR			<b>5:31.59</b>		284
	50m:	36.58 36.58	150m:	2:01.36 43.07	250m:	3:27.49 43.28	350m:	4:51.89 42.37	
	100m:	1:18.29 41.71	200m:	2:44.21 42.85	300m:	4:09.52 42.03	400m:	5:31.59 39.70	
5.	COCHE, Hadrien		97	BOUST			<b>5:32.12</b>		282
	50m:	37.15 37.15	150m:	2:01.84 42.75	250m:	3:27.21 42.36	350m:	4:51.11 42.45	
	100m:	1:19.09 41.94	200m:	2:44.85 43.01	300m:	4:08.66 41.45	400m:	5:32.12 41.01	
6.	LEBRUN, Matthieu		97	CNJ			<b>5:33.83</b>		278
	50m:	36.51 36.51	150m:	2:00.09 42.38	250m:	3:26.84 43.55	350m:	4:53.75 43.19	
	100m:	1:17.71 41.20	200m:	2:43.29 43.20	300m:	4:10.56 43.72	400m:	5:33.83 40.08	
7.	DEMARET, Alexandre		97	ENN			<b>5:34.95</b>		275
	50m:	35.68 35.68	150m:	1:58.34 42.68	250m:	3:25.54 43.81	350m:	4:52.29 43.54	
	100m:	1:15.66 39.98	200m:	2:41.73 43.39	300m:	4:08.75 43.21	400m:	5:34.95 42.66	
8.	NAÏLI, Diogo		97	CNSW			<b>5:53.98</b>		233
	50m:	40.24 40.24	150m:	2:09.86 45.46	250m:	3:42.98 46.20	350m:	5:13.54 45.82	
	100m:	1:24.40 44.16	200m:	2:56.78 46.92	300m:	4:27.72 44.74	400m:	5:53.98 40.44	
9.	DELMEZ, Nicolas		97	BOUST			<b>5:54.26</b>		233
	50m:	40.72 40.72	150m:	2:10.43 45.29	250m:	3:42.61 46.76	350m:	5:11.60 43.11	
	100m:	1:25.14 44.42	200m:	2:55.85 45.42	300m:	4:28.49 45.88	400m:	5:54.26 42.66	
10.	STAS, Cédric		97	BOUST			<b>5:55.42</b>		230
	50m:	41.90 41.90	150m:	2:13.42 46.60	250m:	3:44.81 46.08	350m:	5:15.16 44.45	
	100m:	1:26.82 44.92	200m:	2:58.73 45.31	300m:	4:30.71 45.90	400m:	5:55.42 40.26	
11.	COUPE, Thomas		97	BOUST			<b>6:15.55</b>		195
	50m:	41.94 41.94	150m:	2:15.73 46.88	250m:	3:49.17 45.93	350m:	5:27.50 49.55	
	100m:	1:28.85 46.91	200m:	3:03.24 47.51	300m:	4:37.95 48.78	400m:	6:15.55 48.05	
12.	CLAEYSENS, Dorian		97	ENN			<b>6:51.63</b>		148
	50m:	44.68 44.68	150m:	2:27.73 51.79	250m:	4:14.26 52.53	350m:	6:01.33 51.92	
	100m:	1:35.94 51.26	200m:	3:21.73 54.00	300m:	5:09.41 55.15	400m:	6:51.63 50.30	
forf.nd.	BORISAVLJEVIC, Alexis		97	RBP					
forf.nd.	MEZGHRANI, Ismaïl		97	RBP					

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Epreuve 2, Messieurs, 400m Libre

14 ans

1.	JOOSTEN, Christopher	96	BLAC	<b>4:46.04</b>	442
	50m: 31.08 31.08	150m: 1:42.68 36.35	250m: 2:57.09 37.22	350m: 4:11.01 36.70	
	100m: 1:06.33 35.25	200m: 2:19.87 37.19	300m: 3:34.31 37.22	400m: 4:46.04 35.03	
2.	VARANO, Enrico	96	CNSW	<b>4:50.71</b>	421
	50m: 32.95 32.95	150m: 1:47.27 37.19	250m: 3:02.47 37.05	350m: 4:16.49 36.97	
	100m: 1:10.08 37.13	200m: 2:25.42 38.15	300m: 3:39.52 37.05	400m: 4:50.71 34.22	
3.	DE GRATIE, David	96	BLAC	<b>4:53.61</b>	408
	50m: 31.08 31.08	150m: 1:44.61 37.20	250m: 3:01.28 38.72	350m: 4:17.64 38.19	
	100m: 1:07.41 36.33	200m: 2:22.56 37.95	300m: 3:39.45 38.17	400m: 4:53.61 35.97	
4.	MOREAU, Jeson	96	CNSN	<b>5:00.45</b>	381
	50m: 34.11 34.11	150m: 1:49.60 38.59	250m: 3:06.68 38.70	350m: 4:23.11 38.39	
	100m: 1:11.01 36.90	200m: 2:27.98 38.38	300m: 3:44.72 38.04	400m: 5:00.45 37.34	
5.	POPGEORGIEV, Georgi	96	CNSN	<b>5:03.45</b>	370
	50m: 31.91 31.91	150m: 1:46.90 38.53	250m: 3:06.77 40.01	350m: 4:26.26 39.67	
	100m: 1:08.37 36.46	200m: 2:26.76 39.86	300m: 3:46.59 39.82	400m: 5:03.45 37.19	
6.	DE GRATIE, Yannick	96	BLAC	<b>5:05.80</b>	362
	50m: 35.06 35.06	150m: 1:51.62 38.45	250m: 3:09.71 39.07	350m: 4:28.08 39.40	
	100m: 1:13.17 38.11	200m: 2:30.64 39.02	300m: 3:48.68 38.97	400m: 5:05.80 37.72	
7.	BARNSTYN, Alexandre	96	CNBA	<b>5:07.13</b>	357
	50m: 33.59 33.59	150m: 1:50.87 39.41	250m: 3:09.54 38.44	350m: 4:29.04 39.78	
	100m: 1:11.46 37.87	200m: 2:31.10 40.23	300m: 3:49.26 39.72	400m: 5:07.13 38.09	
8.	CROON, Julien	96	CNJ	<b>5:10.26</b>	346
	50m: 36.20 36.20	150m: 1:54.58 39.70	250m: 3:14.86 40.41	350m: 4:32.70 38.31	
	100m: 1:14.88 38.68	200m: 2:34.45 39.87	300m: 3:54.39 39.53	400m: 5:10.26 37.56	
9.	TUZZATO, Jimmy	96	BOUST	<b>5:10.51</b>	345
	50m: 35.59 35.59	150m: 1:54.73 39.56	250m: 3:13.86 38.94	350m: 4:32.45 39.21	
	100m: 1:15.17 39.58	200m: 2:34.92 40.19	300m: 3:53.24 39.38	400m: 5:10.51 38.06	
10.	ZERAIDI, Amine	96	CNSW	<b>5:19.24</b>	318
	50m: 35.54 35.54	150m: 1:55.27 40.28	250m: 3:17.18 41.25	350m: 4:39.66 41.07	
	100m: 1:14.99 39.45	200m: 2:35.93 40.66	300m: 3:58.59 41.41	400m: 5:19.24 39.58	
11.	HAECK, Jan	96	CNJ	<b>5:29.66</b>	289
	50m: 37.48 37.48	150m: 1:58.43 41.16	250m: 3:21.21 41.25	350m: 4:47.19 43.35	
	100m: 1:17.27 39.79	200m: 2:39.96 41.53	300m: 4:03.84 42.63	400m: 5:29.66 42.47	
12.	MOERS, Tristan	96	CNJ	<b>5:31.91</b>	283
	50m: 37.79 37.79	150m: 2:02.42 42.33	250m: 3:27.95 42.78	350m: 4:53.01 42.15	
	100m: 1:20.09 42.30	200m: 2:45.17 42.75	300m: 4:10.86 42.91	400m: 5:31.91 38.90	
13.	VERBAUWHEDE, Tristan	96	CNSW	<b>5:34.13</b>	277
	50m: 38.31 38.31	150m: 2:02.96 42.87	250m: 3:28.33 42.97	350m: 4:53.61 42.48	
	100m: 1:20.09 41.78	200m: 2:45.36 42.40	300m: 4:11.13 42.80	400m: 5:34.13 40.52	
14.	VANPARYS, Pierre	96	BOUST	<b>5:37.14</b>	270
	50m: 37.10 37.10	150m: 2:01.46 43.13	250m: 3:28.78 43.53	350m: 4:55.18 42.68	
	100m: 1:18.33 41.23	200m: 2:45.25 43.79	300m: 4:12.50 43.72	400m: 5:37.14 41.96	
15.	CLEMENT, Romain	96	LSC	<b>5:37.98</b>	268
	50m: 36.87 36.87	150m: 2:01.30 43.22	250m: 3:27.76 43.64	350m: 4:55.16 43.65	
	100m: 1:18.08 41.21	200m: 2:44.12 42.82	300m: 4:11.51 43.75	400m: 5:37.98 42.82	
16.	BEGUIN, Simon	96	SCR	<b>5:38.41</b>	267
	50m: 37.32 37.32	150m: 2:02.02 43.24	250m: 3:30.02 44.30	350m: 4:57.33 43.03	
	100m: 1:18.78 41.46	200m: 2:45.72 43.70	300m: 4:14.30 44.28	400m: 5:38.41 41.08	
17.	MOORE, Ryan	96	WN	<b>5:42.22</b>	258
	50m: 38.69 38.69	150m: 2:07.33 44.82	250m: 3:35.63 44.15	350m: 5:00.81 41.87	
	100m: 1:22.51 43.82	200m: 2:51.48 44.15	300m: 4:18.94 43.31	400m: 5:42.22 41.41	
18.	GRANCEROF, Alexandru	96	RBP	<b>5:45.20</b>	251
	50m: 34.50 34.50	150m: 1:58.58 43.58	250m: 3:29.33 45.27	350m: 5:01.79 45.75	
	100m: 1:15.00 40.50	200m: 2:44.06 45.48	300m: 4:16.04 46.71	400m: 5:45.20 43.41	

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Epreuve 2, Garçons, 400m Libre, 14 ans

Rang			AN						Temps	Pts
19.	PARISI, Vincent		96	LSC					<b>5:46.83</b>	248
	50m:	40.01 40.01	150m:	2:53.16 1:29.32	250m:	4:22.18 44.08	350m:			
	100m:	1:23.84 43.83	200m:	3:38.10 44.94	300m:	5:05.62 43.44	400m:	5:46.83		
forf.nd.	REICHELT, Thibaut		96	CNJ						
forf.nd.	HUBERTY, Mathieu		96	LSC						

15 ans

1.	CREPIN, Rémi		95	CNBA					<b>4:30.74</b>	521
	50m:	31.01 31.01	150m:	1:38.19 33.95	250m:	2:46.83 34.45	350m:	3:56.61 34.88		
	100m:	1:04.24 33.23	200m:	2:12.38 34.19	300m:	3:21.73 34.90	400m:	4:30.74 34.13		
2.	TORCIDA SEDANO, Nathan		95	BLAC					<b>4:38.90</b>	477
	50m:	32.14 32.14	150m:	1:42.09 35.28	250m:	2:52.50 35.16	350m:	4:04.41 35.91		
	100m:	1:06.81 34.67	200m:	2:17.34 35.25	300m:	3:28.50 36.00	400m:	4:38.90 34.49		
3.	SODEMANN, Oliver		95	WN					<b>4:52.47</b>	413
	50m:	33.12 33.12	150m:	1:45.95 37.12	250m:	3:00.77 37.33	350m:	4:15.75 37.50		
	100m:	1:08.83 35.71	200m:	2:23.44 37.49	300m:	3:38.25 37.48	400m:	4:52.47 36.72		
4.	VAREWYCK, Charly		95	WN					<b>4:55.95</b>	399
	50m:	32.73 32.73	150m:	1:45.46 36.67	250m:	3:00.35 37.98	350m:	4:19.49 40.23		
	100m:	1:08.79 36.06	200m:	2:22.37 36.91	300m:	3:39.26 38.91	400m:	4:55.95 36.46		
5.	SIMON, Arthur		95	CNSW					<b>4:59.34</b>	385
	50m:	34.34 34.34	150m:	1:50.21 38.54	250m:	3:07.07 38.45	350m:	4:23.95 38.05		
	100m:	1:11.67 37.33	200m:	2:28.62 38.41	300m:	3:45.90 38.83	400m:	4:59.34 35.39		
6.	LENS, Julien		95	BOUST					<b>5:11.16</b>	343
	50m:	33.61 33.61	150m:	1:50.88 39.52	250m:	3:11.59 40.67	350m:	4:32.56 40.46		
	100m:	1:11.36 37.75	200m:	2:30.92 40.04	300m:	3:52.10 40.51	400m:	5:11.16 38.60		
7.	MENGAL, Simon		95	BLAC					<b>5:15.85</b>	328
	50m:	33.72 33.72	150m:	1:53.77 40.75	250m:	3:16.10 41.33	350m:	4:37.52 40.60		
	100m:	1:13.02 39.30	200m:	2:34.77 41.00	300m:	3:56.92 40.82	400m:	5:15.85 38.33		
8.	CALCUS, Tanguy		95	LSC					<b>5:30.83</b>	286
	50m:	34.15 34.15	150m:	1:54.64 41.05	250m:	3:19.26 42.40	350m:	4:47.05 44.86		
	100m:	1:13.59 39.44	200m:	2:36.86 42.22	300m:	4:02.19 42.93	400m:	5:30.83 43.78		
9.	TILMAN, Nicolas		95	CNJ					<b>5:31.47</b>	284
	50m:	36.48 36.48	150m:	2:00.75 42.57	250m:	3:26.35 42.79	350m:	4:52.19 42.93		
	100m:	1:18.18 41.70	200m:	2:43.56 42.81	300m:	4:09.26 42.91	400m:	5:31.47 39.28		
10.	HAGE, Corentin		95	RBP					<b>6:29.96</b>	174
	50m:	39.62 39.62	150m:	2:13.33 48.47	250m:	3:52.32 49.80	350m:	5:37.42 53.27		
	100m:	1:24.86 45.24	200m:	3:02.52 49.19	300m:	4:44.15 51.83	400m:	6:29.96 52.54		
forf.nd.	LEYSEN, Loic		95	WN						
forf.nd.	DUJARDIN, Théo		95	LSC						

16 ans

1.	TESTON, Marco		94	CNSW					<b>4:28.65</b>	533
	50m:	30.79 30.79	150m:	1:39.64 34.65	250m:	2:48.73 34.31	350m:	3:57.24 33.77		
	100m:	1:04.99 34.20	200m:	2:14.42 34.78	300m:	3:23.47 34.74	400m:	4:28.65 31.41		
2.	RAQUET, Benoît		94	CNBA					<b>4:40.47</b>	469
	50m:	31.57 31.57	150m:	1:41.44 35.32	250m:	2:53.17 36.01	350m:	4:04.95 35.58		
	100m:	1:06.12 34.55	200m:	2:17.16 35.72	300m:	3:29.37 36.20	400m:	4:40.47 35.52		
3.	SARDAR, Joshua		94	RBP					<b>4:51.39</b>	418
	50m:	30.60 30.60	150m:	1:41.20 35.86	250m:	2:55.26 38.03	350m:	4:13.31 39.37		
	100m:	1:05.34 34.74	200m:	2:17.23 36.03	300m:	3:33.94 38.68	400m:	4:51.39 38.08		
4.	VANHOEYMISSEN, Matthias		94	ENN					<b>4:57.64</b>	392
	50m:	32.44 32.44	150m:	1:47.56 38.48	250m:	3:05.74 39.48	350m:	4:23.75 38.51		
	100m:	1:09.08 36.64	200m:	2:26.26 38.70	300m:	3:45.24 39.50	400m:	4:57.64 33.89		

Championnats BCBW 400 nl 2010  
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Epreuve 2, Garçons, 400m Libre, 16 ans

Rang			AN					Temps	Pts		
5.	DE POTTER, Quentin		94	BOUST				<b>5:08.57</b>	352		
	50m:	31.98 31.98	150m:	1:50.13	39.83	250m:	3:11.25	40.49	350m:	4:30.19	38.78
	100m:	1:10.30 38.32	200m:	2:30.76	40.63	300m:	3:51.41	40.16	400m:	5:08.57	38.38
6.	CALATAYUD, Alexandre		94	BLAC				<b>5:14.91</b>	331		
	50m:	34.98 34.98	150m:	1:55.03	40.35	250m:	3:15.64	40.33	350m:	4:36.39	40.05
	100m:	1:14.68 39.70	200m:	2:35.31	40.28	300m:	3:56.34	40.70	400m:	5:14.91	38.52
7.	MEZGHRANI, Mansour		94	RBP				<b>5:20.45</b>	314		
	50m:	34.93 34.93	150m:	1:53.39	39.67	250m:	3:15.84	42.14	350m:	4:40.25	41.86
	100m:	1:13.72 38.79	200m:	2:33.70	40.31	300m:	3:58.39	42.55	400m:	5:20.45	40.20
8.	GENIN, Guillaume		94	SCR				<b>5:29.89</b>	288		
	50m:	34.97 34.97	150m:	1:56.57	41.75	250m:	3:21.92	42.99	350m:		
	100m:	1:14.82 39.85	200m:	2:38.93	42.36	300m:	4:05.90	43.98	400m:	5:29.89	
9.	MANKEVITCH, Christian		94	RBP				<b>5:59.33</b>	223		
	50m:	34.63 34.63	150m:	2:00.69	45.23	250m:	3:34.44	46.87	350m:	5:10.19	47.86
	100m:	1:15.46 40.83	200m:	2:47.57	46.88	300m:	4:22.33	47.89	400m:	5:59.33	49.14
forf.nd.	KOKTEN, Ismail		94	RBP							
17 - 18 ans											
1.	DEBROEYER, Quentin		93	CNSW				<b>4:27.31</b>	541		
	50m:	30.36 30.36	150m:	1:36.83	33.39	250m:	2:44.79	34.16	350m:	3:53.80	34.75
	100m:	1:03.44 33.08	200m:	2:10.63	33.80	300m:	3:19.05	34.26	400m:	4:27.31	33.51
2.	BOURLIER, Vincent		92	WN				<b>4:36.12</b>	491		
	50m:	29.59 29.59	150m:	1:39.53	35.78	250m:	2:50.09	35.15	350m:	4:01.42	35.38
	100m:	1:03.75 34.16	200m:	2:14.94	35.41	300m:	3:26.04	35.95	400m:	4:36.12	34.70
3.	COLOGNESI, Victor		93	BLAC				<b>4:36.74</b>	488		
	50m:	31.00 31.00	150m:	1:41.06	35.31	250m:	2:51.89	34.98	350m:	4:02.72	35.25
	100m:	1:05.75 34.75	200m:	2:16.91	35.85	300m:	3:27.47	35.58	400m:	4:36.74	34.02
4.	ROGEMAN, Guillaume		93	WN				<b>4:39.11</b>	475		
	50m:	31.12 31.12	150m:	1:41.13	35.56	250m:	2:52.91	35.88	350m:	4:03.70	34.77
	100m:	1:05.57 34.45	200m:	2:17.03	35.90	300m:	3:28.93	36.02	400m:	4:39.11	35.41
5.	COPPIN, Georges		92	WN				<b>4:39.16</b>	475		
	50m:	30.71 30.71	150m:	1:39.33	34.51	250m:	2:50.76	35.84	350m:	4:03.85	36.48
	100m:	1:04.82 34.11	200m:	2:14.92	35.59	300m:	3:27.37	36.61	400m:	4:39.16	35.31
6.	COPPENS, Jeroen		92	LSC				<b>4:42.06</b>	461		
	50m:	31.28 31.28	150m:	1:42.41	36.29	250m:	2:54.97	35.77	350m:	4:08.20	36.20
	100m:	1:06.12 34.84	200m:	2:19.20	36.79	300m:	3:32.00	37.03	400m:	4:42.06	33.86
7.	CABU, Jérémy		92	CNSW				<b>4:44.35</b>	450		
	50m:	31.13 31.13	150m:	1:40.80	35.16	250m:	2:52.64	35.77	350m:	4:08.29	38.24
	100m:	1:05.64 34.51	200m:	2:16.87	36.07	300m:	3:30.05	37.41	400m:	4:44.35	36.06
8.	LHEUREUX, Alexis		92	BOUST				<b>4:45.28</b>	445		
	50m:	32.19 32.19	150m:	1:43.30	35.61	250m:	2:55.52	36.02	350m:	4:09.02	36.84
	100m:	1:07.69 35.50	200m:	2:19.50	36.20	300m:	3:32.18	36.66	400m:	4:45.28	36.26
9.	VANBENEDEN, Lionel		92	BOUST				<b>4:46.31</b>	441		
	50m:	33.11 33.11	150m:	1:45.73	36.53	250m:	2:58.69	36.63	350m:	4:11.96	36.31
	100m:	1:09.20 36.09	200m:	2:22.06	36.33	300m:	3:35.65	36.96	400m:	4:46.31	34.35
10.	VAN HOOFF, Romain		93	BOUST				<b>4:48.25</b>	432		
	50m:	30.23 30.23	150m:	1:40.91	36.43	250m:	2:56.15	37.55	350m:	4:13.00	38.32
	100m:	1:04.48 34.25	200m:	2:18.60	37.69	300m:	3:34.68	38.53	400m:	4:48.25	35.25
11.	BARRAS, Cyril		93	BOUST				<b>4:51.21</b>	419		
	50m:	31.29 31.29	150m:	1:43.60	37.37	250m:	2:59.87	37.86	350m:	4:14.94	37.69
	100m:	1:06.23 34.94	200m:	2:22.01	38.41	300m:	3:37.25	37.38	400m:	4:51.21	36.27
12.	CABU, Alexy		92	CNSW				<b>4:55.24</b>	402		
	50m:	32.64 32.64	150m:	1:47.47	38.62	250m:	3:03.32	37.06	350m:	4:18.28	36.59
	100m:	1:08.85 36.21	200m:	2:26.26	38.79	300m:	3:41.69	38.37	400m:	4:55.24	36.96

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Epreuve 2, Garçons, 400m Libre, 17 - 18 ans

Rang			AN						Temps	Pts
13.	KETELE, Mathias		92	WN					<b>4:57.95</b>	391
	50m:	30.80 30.80	150m:	1:43.03 36.83	250m:	3:00.20 38.66	350m:	4:19.27 39.59		
	100m:	1:06.20 35.40	200m:	2:21.54 38.51	300m:	3:39.68 39.48	400m:	4:57.95 38.68		
14.	FAVART, Maxime		92	ENN					<b>4:58.24</b>	390
	50m:	32.13 32.13	150m:	1:46.50 37.46	250m:	3:04.86 38.85	350m:	4:23.56 39.00		
	100m:	1:09.04 36.91	200m:	2:26.01 39.51	300m:	3:44.56 39.70	400m:	4:58.24 34.68		
15.	NISOT, Pierre		93	BOUST					<b>5:02.39</b>	374
	50m:	32.44 32.44	150m:	1:45.19 37.27	250m:	3:01.59 38.58	350m:	4:22.47 41.73		
	100m:	1:07.92 35.48	200m:	2:23.01 37.82	300m:	3:40.74 39.15	400m:	5:02.39 39.92		
16.	MARCOTTE, Anthony		93	CNSN					<b>5:05.89</b>	361
	50m:	30.96 30.96	150m:	1:45.31 38.06	250m:	3:05.33 40.75	350m:	4:25.84 39.99		
	100m:	1:07.25 36.29	200m:	2:24.58 39.27	300m:	3:45.85 40.52	400m:	5:05.89 40.05		
17.	CLAEYSENS, Cedric		92	ENN					<b>5:13.54</b>	335
	50m:	32.93 32.93	150m:	1:47.71 38.53	250m:	3:09.29 41.26	350m:	4:32.73 41.73		
	100m:	1:09.18 36.25	200m:	2:28.03 40.32	300m:	3:51.00 41.71	400m:	5:13.54 40.81		
18.	WAGEMANS, Lloyd		93	BOUST					<b>5:36.02</b>	273
	50m:	36.01 36.01	150m:	1:58.49 42.30	250m:	3:25.67 43.58	350m:	4:53.26 43.01		
	100m:	1:16.19 40.18	200m:	2:42.09 43.60	300m:	4:10.25 44.58	400m:	5:36.02 42.76		
19.	KEDDAR, Medhi		93	RBP					<b>5:40.35</b>	262
	50m:	34.22 34.22	150m:	1:56.05 42.11	250m:	3:25.48 45.51	350m:	4:56.24 46.14		
	100m:	1:13.94 39.72	200m:	2:39.97 43.92	300m:	4:10.10 44.62	400m:	5:40.35 44.11		
forf.nd.	WILS, Guillaume		93	RBP						

Epreuve 3  
10.1.10 - 15:35

Garçons, 400m Libre

8 - 10 ans  
Liste résultats

Points: FINA 2008

Rang			AN						Temps	Pts
9 ans										
1.	SIMON, Florian		01	CNSN					<b>7:59.33</b>	94
	50m:	53.01 53.01	150m:	2:55.36 1:01.82	250m:	4:58.02 1:01.36	350m:	6:57.44 58.82		
	100m:	1:53.54 1:00.53	200m:	3:56.66 1:01.30	300m:	5:58.62 1:00.60	400m:	7:59.33 1:01.89		
10 ans										
1.	VAN GRASDORS, Rafaël		00	CNSN					<b>8:21.10</b>	82
	50m:	45.47 45.47	150m:	2:53.16 1:08.63	250m:	5:04.81 1:07.77	350m:	7:13.79 1:04.74		
	100m:	1:44.53 59.06	200m:	3:57.04 1:03.88	300m:	6:09.05 1:04.24	400m:	8:21.10 1:07.31		

Epreuve 4  
10.1.10 - 15:40

Dames, 400m Libre

11 ans et plus  
Liste résultats

Points: FINA 2008

Rang			AN						Temps	Pts
11 ans										
1.	TROST, Eva		99	BOUST					<b>6:07.16</b>	279
	50m:	43.00 43.00	150m:	2:16.66 47.68	250m:	3:51.27 46.92	350m:	5:24.21 45.90		
	100m:	1:28.98 45.98	200m:	3:04.35 47.69	300m:	4:38.31 47.04	400m:	6:07.16 42.95		
2.	VANHOEYMISSEN, Charline		99	ENN					<b>6:18.34</b>	255
	50m:	42.28 42.28	150m:	2:17.45 47.71	250m:	3:53.29 47.61	350m:	5:29.77 49.89		
	100m:	1:29.74 47.46	200m:	3:05.68 48.23	300m:	4:39.88 46.59	400m:	6:18.34 48.57		

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Epreuve 4, Filles, 400m Libre, 11 ans

Rang			AN				Temps		Pts
3.	PARISI, Mathilde		99		LSC		<b>6:25.12</b>		242
	50m:	43.00	43.00	150m:	2:20.88	49.87	250m:	4:00.64	49.49
	100m:	1:31.01	48.01	200m:	3:11.15	50.27	300m:	4:50.45	49.81
							350m:	5:39.07	48.62
							400m:	6:25.12	46.05
4.	GERNAEY, Emilie		99		BLAC		<b>6:31.39</b>		230
	50m:	41.67	41.67	150m:	2:18.59	49.54	250m:	4:00.45	50.99
	100m:	1:29.05	47.38	200m:	3:09.46	50.87	300m:	4:51.59	51.14
							350m:	5:42.51	50.92
							400m:	6:31.39	48.88
5.	SIMON, Laura		99		CNSN		<b>6:31.70</b>		230
	50m:	41.18	41.18	150m:	2:19.88	50.14	250m:	4:01.91	51.29
	100m:	1:29.74	48.56	200m:	3:10.62	50.74	300m:	4:53.32	51.41
							350m:	5:44.54	51.22
							400m:	6:31.70	47.16
forf.nd.	SCHOONJANS, Shelley		99		CNBA				
12 ans									
1.	MOREAU, Wendy		98		CNSN		<b>5:11.92</b>		455
	50m:	35.16	35.16	150m:	1:51.62	38.46	250m:	3:10.48	39.56
	100m:	1:13.16	38.00	200m:	2:30.92	39.30	300m:	3:51.38	40.90
							350m:	4:32.63	41.25
							400m:	5:11.92	39.29
2.	CREPIN, Marion		98		CNBA		<b>5:23.91</b>		406
	50m:	36.54	36.54	150m:			250m:		350m:
	100m:	1:16.80	40.26	200m:	2:39.73		300m:		400m:
								5:23.91	
3.	MURPHY, Anya		98		WN		<b>5:29.31</b>		386
	50m:	38.69	38.69	150m:	2:02.22	42.53	250m:	3:25.79	41.58
	100m:	1:19.69	41.00	200m:	2:44.21	41.99	300m:	4:07.48	41.69
							350m:	4:48.90	41.42
							400m:	5:29.31	40.41
4.	CAVIDINI, virginie		98		CNBA		<b>5:36.82</b>		361
	50m:	36.73	36.73	150m:			250m:		350m:
	100m:	1:18.67	41.94	200m:	2:44.85		300m:		400m:
								5:36.82	
5.	LEENAERTZ, Kiara		98		SCR		<b>5:46.13</b>		333
	50m:	38.47	38.47	150m:	2:04.85	43.69	250m:	3:33.69	44.86
	100m:	1:21.16	42.69	200m:	2:48.83	43.98	300m:	4:19.07	45.38
							350m:	5:02.46	43.39
							400m:	5:46.13	43.67
6.	BROGNIAUX, Alice		98		BOUST		<b>5:47.35</b>		329
	50m:	40.62	40.62	150m:	2:08.89	45.01	250m:	3:35.60	42.47
	100m:	1:23.88	43.26	200m:	2:53.13	44.24	300m:	4:20.07	44.47
							350m:	5:05.41	45.34
							400m:	5:47.35	41.94
7.	FAVART, Manon		98		ENN		<b>5:52.53</b>		315
	50m:	39.02	39.02	150m:	2:05.62	43.41	250m:	3:35.44	44.94
	100m:	1:22.21	43.19	200m:	2:50.50	44.88	300m:	4:22.10	46.66
							350m:	5:08.70	46.60
							400m:	5:52.53	43.83
8.	FAVART, Megane		98		ENN		<b>5:53.41</b>		313
	50m:	38.05	38.05	150m:	2:06.54	44.97	250m:	3:36.91	45.23
	100m:	1:21.57	43.52	200m:	2:51.68	45.14	300m:	4:25.99	49.08
							350m:	5:12.35	46.36
							400m:	5:53.41	41.06
9.	STAS, Emilie		98		BLAC		<b>5:58.35</b>		300
	50m:	38.03	38.03	150m:	2:09.21	46.66	250m:	3:42.80	47.15
	100m:	1:22.55	44.52	200m:	2:55.65	46.44	300m:	4:28.83	46.03
							350m:	5:15.76	46.93
							400m:	5:58.35	42.59
10.	EGGERICKX, Pauline		98		BOUST		<b>5:58.53</b>		299
	50m:	41.34	41.34	150m:	2:14.11	46.71	250m:	3:46.06	46.40
	100m:	1:27.40	46.06	200m:	2:59.66	45.55	300m:	4:32.01	45.95
							350m:	5:16.74	44.73
							400m:	5:58.53	41.79
11.	D'HENNEZEL, Isaure		98		CNJ		<b>5:58.67</b>		299
	50m:	40.27	40.27	150m:	2:11.27	46.05	250m:	3:42.80	46.01
	100m:	1:25.22	44.95	200m:	2:56.79	45.52	300m:	4:29.55	46.75
							350m:	5:15.67	46.12
							400m:	5:58.67	43.00
12.	CUVELLIEZ, Lucie		98		WN		<b>5:59.49</b>		297
	50m:	41.84	41.84	150m:	2:14.04	46.84	250m:	3:46.77	46.61
	100m:	1:27.20	45.36	200m:	3:00.16	46.12	300m:	4:33.41	46.64
							350m:	5:17.72	44.31
							400m:	5:59.49	41.77
13.	GOETHALS, Reinhilde		98		CNBA		<b>6:00.80</b>		294
	50m:	38.82	38.82	150m:			250m:		350m:
	100m:	1:24.64	45.82	200m:	2:56.48		300m:		400m:
								6:00.80	
14.	VAN GINDERACHTER, Justine		98		BOUST		<b>6:17.12</b>		257
	50m:	43.43	43.43	150m:	2:20.82	48.98	250m:	3:55.81	47.20
	100m:	1:31.84	48.41	200m:	3:08.61	47.79	300m:	4:43.37	47.56
							350m:	5:30.87	47.50
							400m:	6:17.12	46.25

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Epreuve 4, Filles, 400m Libre, 12 ans

Rang			AN							Temps	Pts	
15.	NORIEGA BURRILL, Paloma		98	SCR							<b>6:22.20</b>	247
	50m:	41.51 41.51	150m:	2:17.45	47.93	250m:	3:55.54	49.59	350m:	5:35.42	50.06	
	100m:	1:29.52 48.01	200m:	3:05.95	48.50	300m:	4:45.36	49.82	400m:	6:22.20	46.78	
16.	SAUWENS, Manon		98	BLAC							<b>6:33.77</b>	226
	50m:	41.82 41.82	150m:	2:21.70	50.67	250m:	4:03.03	51.31	350m:	5:43.96	52.48	
	100m:	1:31.03 49.21	200m:	3:11.72	50.02	300m:	4:51.48	48.45	400m:	6:33.77	49.81	
forf.nd.	SCHOONJANS, Wesley		98	CNBA								
13 ans												
1.	BEAUVOIS, Aurélie		97	BOUST							<b>5:11.42</b>	457
	50m:	35.97 35.97	150m:	1:54.69	39.53	250m:	3:14.29	40.00	350m:	4:33.81	39.66	
	100m:	1:15.16 39.19	200m:	2:34.29	39.60	300m:	3:54.15	39.86	400m:	5:11.42	37.61	
2.	BOLEN, Marie		97	CNJ							<b>5:21.22</b>	416
	50m:	36.30 36.30	150m:	1:56.70	40.70	250m:	3:19.68	41.38	350m:	4:42.20	41.50	
	100m:	1:16.00 39.70	200m:	2:38.30	41.60	300m:	4:00.70	41.02	400m:	5:21.22	39.02	
3.	DELAHAUT, Camille		97	WN							<b>5:23.09</b>	409
	50m:	36.22 36.22	150m:	1:58.03	41.43	250m:	3:21.50	41.97	350m:	4:44.07	41.15	
	100m:	1:16.60 40.38	200m:	2:39.53	41.50	300m:	4:02.92	41.42	400m:	5:23.09	39.02	
4.	GUERET, Margaux		97	CNBA							<b>5:26.98</b>	395
	50m:	36.92 36.92	150m:			250m:			350m:			
	100m:	1:16.80 39.88	200m:	2:40.73		300m:			400m:	5:26.98		
5.	THIRY, Coralie		97	WN							<b>5:31.49</b>	379
	50m:	36.48 36.48	150m:	1:59.63	42.34	250m:	3:24.13	42.81	350m:	4:49.83	43.41	
	100m:	1:17.29 40.81	200m:	2:41.32	41.69	300m:	4:06.42	42.29	400m:	5:31.49	41.66	
6.	DI BATTISTA, Lena		97	BOUST							<b>5:32.63</b>	375
	50m:	37.82 37.82	150m:	2:02.74	42.90	250m:	3:28.12	42.43	350m:	4:52.27	41.62	
	100m:	1:19.84 42.02	200m:	2:45.69	42.95	300m:	4:10.65	42.53	400m:	5:32.63	40.36	
7.	MARENNE, Amelie		97	BOUST							<b>5:35.51</b>	365
	50m:	38.75 38.75	150m:	2:05.42	43.19	250m:	3:30.46	42.52	350m:	4:55.09	42.50	
	100m:	1:22.23 43.48	200m:	2:47.94	42.52	300m:	4:12.59	42.13	400m:	5:35.51	40.42	
8.	BAUDUIN, Yentel		97	SCR							<b>5:47.52</b>	329
	50m:	39.91 39.91	150m:	2:10.71	45.46	250m:	3:39.17	44.43	350m:	5:05.39	41.75	
	100m:	1:25.25 45.34	200m:	2:54.74	44.03	300m:	4:23.64	44.47	400m:	5:47.52	42.13	
9.	ABAZIS, Amalia		97	RBP							<b>5:53.31</b>	313
	50m:	39.07 39.07	150m:	2:07.07	44.55	250m:	3:37.17	45.10	350m:	5:09.01	45.65	
	100m:	1:22.52 43.45	200m:	2:52.07	45.00	300m:	4:23.36	46.19	400m:	5:53.31	44.30	
10.	VANNESTE, Margaux		97	BOUST							<b>5:53.59</b>	312
	50m:	39.78 39.78	150m:	2:09.44	45.15	250m:	3:40.72	46.09	350m:	5:10.47	44.56	
	100m:	1:24.29 44.51	200m:	2:54.63	45.19	300m:	4:25.91	45.19	400m:	5:53.59	43.12	
11.	VAN MELKEBEKE, Léonore		97	BOUST							<b>5:54.63</b>	309
	50m:	40.83 40.83	150m:	2:10.67	45.65	250m:	3:40.48	44.59	350m:	5:10.31	44.90	
	100m:	1:25.02 44.19	200m:	2:55.89	45.22	300m:	4:25.41	44.93	400m:	5:54.63	44.32	
12.	BAUDUIN, Fiona		97	BOUST							<b>5:59.03</b>	298
	50m:	40.72 40.72	150m:	2:12.11	46.03	250m:	3:43.21	45.50	350m:	5:15.81	45.91	
	100m:	1:26.08 45.36	200m:	2:57.71	45.60	300m:	4:29.90	46.69	400m:	5:59.03	43.22	
13.	GONZALEZ FERNANDEZ, Stéphanie		97	CNJ							<b>6:01.24</b>	293
	50m:	39.62 39.62	150m:	2:09.98	45.68	250m:	3:43.51	46.97	350m:	5:17.35	46.31	
	100m:	1:24.30 44.68	200m:	2:56.54	46.56	300m:	4:31.04	47.53	400m:	6:01.24	43.89	
14.	VAN FRANK, Sarah		97	RBP							<b>6:01.74</b>	292
	50m:	40.47 40.47	150m:	2:11.05	45.94	250m:	3:44.79	47.14	350m:	5:18.47	46.90	
	100m:	1:25.11 44.64	200m:	2:57.65	46.60	300m:	4:31.57	46.78	400m:	6:01.74	43.27	
15.	BRUGGEMAN, Maureen		97	CNSN							<b>6:16.32</b>	259
	50m:	42.41 42.41	150m:	2:17.50	48.20	250m:	5:30.88	2:24.93	350m:			
	100m:	1:29.30 46.89	200m:	3:05.95	48.45	300m:			400m:	6:16.32		

Championnats BCBW 400 nl 2010  
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Epreuve 4, Filles, 400m Libre, 13 ans

Rang	AN	Temp	Pts
forf.nd. MANNEBACK, Alexandra	97 WN		
<b>14 ans</b>			
1. SCHOEMANS, Céline	96 LSC	<b>5:00.45</b>	509
50m: 32.53 32.53	150m: 1:47.38 38.22	250m: 3:05.17 38.74	350m: 4:23.22 38.48
100m: 1:09.16 36.63	200m: 2:26.43 39.05	300m: 3:44.74 39.57	400m: 5:00.45 37.23
2. LITTRÉ, Julie	96 CNSW	<b>5:09.07</b>	467
50m: 33.88 33.88	150m: 1:49.97 38.79	250m: 3:09.51 40.17	350m: 4:29.93 40.29
100m: 1:11.18 37.30	200m: 2:29.34 39.37	300m: 3:49.64 40.13	400m: 5:09.07 39.14
3. DELAHAUT, Morgane	96 WN	<b>5:15.14</b>	441
50m: 35.35 35.35	150m: 1:54.70 39.74	250m: 3:15.13 40.28	350m: 4:36.56 41.05
100m: 1:14.96 39.61	200m: 2:34.85 40.15	300m: 3:55.51 40.38	400m: 5:15.14 38.58
4. NICLAES, Maïté	96 CNSW	<b>5:25.23</b>	401
50m: 35.88 35.88	150m: 1:56.97 40.92	250m: 3:21.09 42.05	350m: 4:45.37 42.12
100m: 1:16.05 40.17	200m: 2:39.04 42.07	300m: 4:03.25 42.16	400m: 5:25.23 39.86
5. DELWART, Valentine	96 LSC	<b>5:25.40</b>	401
50m: 36.09 36.09	150m: 1:57.42 41.07	250m: 3:20.89 41.62	350m: 4:45.26 41.89
100m: 1:16.35 40.26	200m: 2:39.27 41.85	300m: 4:03.37 42.48	400m: 5:25.40 40.14
6. MOLINA ALVAREZ, Eva	96 CNBA	<b>5:33.14</b>	373
50m: 36.96 36.96	150m: 2:00.73 42.44	250m: 3:26.33 43.04	350m: 4:52.46 42.77
100m: 1:18.29 41.33	200m: 2:43.29 42.56	300m: 4:09.69 43.36	400m: 5:33.14 40.68
7. CLAERT, Rajkumari	96 WN	<b>5:53.63</b>	312
50m: 38.21 38.21	150m: 2:05.62 44.46	250m: 3:37.37 46.46	350m: 5:10.01 46.16
100m: 1:21.16 42.95	200m: 2:50.91 45.29	300m: 4:23.85 46.48	400m: 5:53.63 43.62
8. MISEUR, Louise	96 CNJ	<b>5:53.69</b>	312
50m: 41.05 41.05	150m: 2:11.19 44.83	250m: 3:40.85 45.21	350m: 5:09.86 44.30
100m: 1:26.36 45.31	200m: 2:55.64 44.45	300m: 4:25.56 44.71	400m: 5:53.69 43.83
9. LORENT, Eve	96 BOUST	<b>5:57.09</b>	303
50m: 40.08 40.08	150m: 2:10.48 45.47	250m: 3:42.11 45.77	350m: 5:13.09 45.33
100m: 1:25.01 44.93	200m: 2:56.34 45.86	300m: 4:27.76 45.65	400m: 5:57.09 44.00
10. OUBRAHAM, Laura	96 LSC	<b>6:02.07</b>	291
50m: 43.27 43.27	150m: 2:12.77 44.30	250m: 3:45.42 46.22	350m: 5:19.25 47.52
100m: 1:28.47 45.20	200m: 2:59.20 46.43	300m: 4:31.73 46.31	400m: 6:02.07 42.82
11. VIERSET, Marie	96 CNJ	<b>6:16.35</b>	259
50m: 41.93 41.93	150m: 2:17.40 48.18	250m: 3:54.24 48.76	350m: 5:30.04 47.56
100m: 1:29.22 47.29	200m: 3:05.48 48.08	300m: 4:42.48 48.24	400m: 6:16.35 46.31
forf.nd. DEFACQZ, Noeline	96 RBP		
forf.nd. MAHMOUDI, Chirine	96 RBP		

**15 ans**

1. CEUSTERS, Meghan	95 WN	<b>4:36.57</b>	652
50m: 31.00 31.00	150m: 1:39.11 34.57	250m: 2:49.51 35.31	350m: 4:01.62 35.86
100m: 1:04.54 33.54	200m: 2:14.20 35.09	300m: 3:25.76 36.25	400m: 4:36.57 34.95
2. TOPPET-HOEGARS, Victoria	95 WN	<b>4:42.85</b>	610
50m: 31.52 31.52	150m: 1:42.63 36.26	250m: 2:56.03 36.63	350m: 4:07.29 34.60
100m: 1:06.37 34.85	200m: 2:19.40 36.77	300m: 3:32.69 36.66	400m: 4:42.85 35.56
3. HERS, Laura	95 BOUST	<b>5:07.60</b>	474
50m: 35.58 35.58	150m: 1:53.40 38.70	250m: 3:11.56 38.51	350m: 4:31.08 39.65
100m: 1:14.70 39.12	200m: 2:33.05 39.65	300m: 3:51.43 39.87	400m: 5:07.60 36.52
4. HUBERTY, Pauline	95 LSC	<b>5:07.75</b>	474
50m: 34.83 34.83	150m: 1:52.19 39.15	250m: 3:10.80 39.23	350m: 4:30.85 39.61
100m: 1:13.04 38.21	200m: 2:31.57 39.38	300m: 3:51.24 40.44	400m: 5:07.75 36.90

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Epreuve 4, Filles, 400m Libre, 15 ans

Rang			AN							Temps	Pts	
5.	DESAUSOI, Morgane		95	SCR							<b>5:19.44</b>	423
	50m:	33.44	33.44	150m:	1:52.64	40.16	250m:	3:15.06	42.14	350m:	4:38.42	41.64
	100m:	1:12.48	39.04	200m:	2:32.92	40.28	300m:	3:56.78	41.72	400m:	5:19.44	41.02
6.	DANTROU, Charline		95	WN							<b>5:19.45</b>	423
	50m:	35.78	35.78	150m:	1:56.02	40.96	250m:	3:18.50	41.15	350m:	4:40.44	41.09
	100m:	1:15.06	39.28	200m:	2:37.35	41.33	300m:	3:59.35	40.85	400m:	5:19.45	39.01
7.	DE GYNS, Violette		95	BOUST							<b>5:21.52</b>	415
	50m:	37.62	37.62	150m:	1:59.29	40.97	250m:	3:21.31	40.48	350m:	4:42.29	39.86
	100m:	1:18.32	40.70	200m:	2:40.83	41.54	300m:	4:02.43	41.12	400m:	5:21.52	39.23
8.	NAÏLI, Nesrine		95	CNSW							<b>5:23.25</b>	409
	50m:	37.38	37.38	150m:	1:58.09	40.70	250m:	3:20.61	41.42	350m:	4:44.35	41.38
	100m:	1:17.39	40.01	200m:	2:39.19	41.10	300m:	4:02.97	42.36	400m:	5:23.25	38.90
9.	JORIS, Alice		95	WN							<b>5:23.91</b>	406
	50m:	37.06	37.06	150m:	1:58.48	41.01	250m:	3:21.18	41.23	350m:	4:43.70	41.23
	100m:	1:17.47	40.41	200m:	2:39.95	41.47	300m:	4:02.47	41.29	400m:	5:23.91	40.21
10.	RUIJS, Céline		95	BLAC							<b>5:52.88</b>	314
	50m:	38.03	38.03	150m:	2:04.92	44.33	250m:	3:36.39	46.11	350m:	5:08.63	45.89
	100m:	1:20.59	42.56	200m:	2:50.28	45.36	300m:	4:22.74	46.35	400m:	5:52.88	44.25
11.	SOLON, Celine		95	SCR							<b>6:06.84</b>	280
	50m:	39.97	39.97	150m:	2:11.09	45.50	250m:	3:47.79	48.58	350m:	5:23.56	47.99
	100m:	1:25.59	45.62	200m:	2:59.21	48.12	300m:	4:35.57	47.78	400m:	6:06.84	43.28
12.	COOLS, Cindy		95	BOUST							<b>6:13.38</b>	265
	50m:	41.21	41.21	150m:	2:17.02	48.85	250m:	3:54.88	48.75	350m:	5:30.03	46.23
	100m:	1:28.17	46.96	200m:	3:06.13	49.11	300m:	4:43.80	48.92	400m:	6:13.38	43.35
13.	LORENT, Iseult		95	BOUST							<b>6:21.92</b>	248
	50m:	43.28	43.28	150m:	2:19.61	49.85	250m:	3:57.62	50.18	350m:	5:36.99	49.57
	100m:	1:29.76	46.48	200m:	3:07.44	47.83	300m:	4:47.42	49.80	400m:	6:21.92	44.93
forf.nd.	DE WEE, Alison		95	CNJ								

16 ans

1.	VANSANTVOORT, Emilie		94	CNBA							<b>4:30.60</b>	697
	50m:	31.68	31.68	150m:	1:38.80	33.95	250m:	2:47.56	34.45	350m:	3:56.91	34.39
	100m:	1:04.85	33.17	200m:	2:13.11	34.31	300m:	3:22.52	34.96	400m:	4:30.60	33.69
2.	DELL'AIERA, Alice		94	WN							<b>4:44.77</b>	598
	50m:	32.47	32.47	150m:	1:42.01	35.16	250m:	2:54.49	36.88	350m:	4:08.95	37.36
	100m:	1:06.85	34.38	200m:	2:17.61	35.60	300m:	3:31.59	37.10	400m:	4:44.77	35.82
3.	LACROIX, Marielle		94	BOUST							<b>4:49.45</b>	569
	50m:	33.54	33.54	150m:	1:46.72	36.60	250m:	3:00.66	36.91	350m:	4:14.07	36.63
	100m:	1:10.12	36.58	200m:	2:23.75	37.03	300m:	3:37.44	36.78	400m:	4:49.45	35.38
4.	CEUSTERS, Celine		94	WN							<b>4:51.43</b>	558
	50m:	32.99	32.99	150m:	1:45.44	36.79	250m:	2:59.28	36.85	350m:	4:14.45	37.90
	100m:	1:08.65	35.66	200m:	2:22.43	36.99	300m:	3:36.55	37.27	400m:	4:51.43	36.98
5.	NAÏLI, Aurélie		94	CNSW							<b>5:04.19</b>	490
	50m:	34.62	34.62	150m:	1:50.49	38.52	250m:	3:08.63	38.85	350m:	4:26.33	38.59
	100m:	1:11.97	37.35	200m:	2:29.78	39.29	300m:	3:47.74	39.11	400m:	5:04.19	37.86
6.	MOREAU, Jessica		94	CNSN							<b>5:09.36</b>	466
	50m:	34.54	34.54	150m:	1:51.69	39.04	250m:	3:10.70	39.87	350m:	4:30.37	39.88
	100m:	1:12.65	38.11	200m:	2:30.83	39.14	300m:	3:50.49	39.79	400m:	5:09.36	38.99
7.	DELATTRE, Caroline		94	CNJ							<b>5:18.85</b>	426
	50m:	34.98	34.98	150m:	1:54.26	39.44	250m:	3:14.30	40.16	350m:	4:37.25	41.85
	100m:	1:14.82	39.84	200m:	2:34.14	39.88	300m:	3:55.40	41.10	400m:	5:18.85	41.60
8.	HANS, Maurine		94	BOUST							<b>5:27.74</b>	392
	50m:	38.04	38.04	150m:	1:59.77	40.72	250m:	3:22.19	41.14	350m:	4:46.81	42.30
	100m:	1:19.05	41.01	200m:	2:41.05	41.28	300m:	4:04.51	42.32	400m:	5:27.74	40.93

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Epreuve 4, Filles, 400m Libre, 16 ans

Rang			AN						Temps	Pts
9.	LEBRUN, Laurie		94	CNJ					<b>5:34.61</b>	368
	50m:	38.37 38.37	150m:	2:03.22 42.79	250m:	3:28.61 42.73	350m:	4:55.03 43.46		
	100m:	1:20.43 42.06	200m:	2:45.88 42.66	300m:	4:11.57 42.96	400m:	5:34.61 39.58		
10.	BELENGER, Marie		94	LSC					<b>6:05.25</b>	283
	50m:	39.74 39.74	150m:	2:08.67 45.80	250m:	3:42.94 47.31	350m:	5:19.86 48.84		
	100m:	1:22.87 43.13	200m:	2:55.63 46.96	300m:	4:31.02 48.08	400m:	6:05.25 45.39		
11.	VERVIER, Céline		94	BOUST					<b>6:22.47</b>	247
	50m:	41.38 41.38	150m:	2:16.05 47.98	250m:	3:53.26 48.61	350m:	5:34.51 49.49		
	100m:	1:28.07 46.69	200m:	3:04.65 48.60	300m:	4:45.02 51.76	400m:	6:22.47 47.96		
12.	BIASON, Letizia		94	LSC					<b>6:28.84</b>	235
	50m:	43.00 43.00	150m:	2:20.95 50.42	250m:	3:58.25 48.94	350m:	5:38.60 50.87		
	100m:	1:30.53 47.53	200m:	3:09.31 48.36	300m:	4:47.73 49.48	400m:	6:28.84 50.24		
forf.nd.	PAUWELS, Eleonore		94	CNJ						
forf.nd.	KOHLENER, Stephanie		94	BLAC						
forf.nd.	HELIN, Alexandra		94	LSC						

17 - 18 ans

1.	BARBOSA, Tanya		92	CNBA					<b>4:45.47</b>	593
	50m:	32.43 32.43	150m:	1:43.13 35.92	250m:	2:55.51 36.37	350m:	4:09.16 36.88		
	100m:	1:07.21 34.78	200m:	2:19.14 36.01	300m:	3:32.28 36.77	400m:	4:45.47 36.31		
2.	DI BATTISTA, Gloria		93	BOUST					<b>4:47.93</b>	578
	50m:	32.87 32.87	150m:	1:45.63 36.62	250m:	2:59.31 36.71	350m:	4:12.66 36.32		
	100m:	1:09.01 36.14	200m:	2:22.60 36.97	300m:	3:36.34 37.03	400m:	4:47.93 35.27		
3.	CORNET, Charlotte		92	RBP					<b>4:48.92</b>	572
	50m:	31.14 31.14	150m:	1:40.92 35.54	250m:	2:54.54 37.23	350m:	4:11.20 38.43		
	100m:	1:05.38 34.24	200m:	2:17.31 36.39	300m:	3:32.77 38.23	400m:	4:48.92 37.72		
4.	COOLS, Sandra		92	BOUST					<b>5:04.33</b>	490
	50m:	34.68 34.68	150m:	1:51.09 38.06	250m:	3:08.17 38.48	350m:	4:25.96 38.65		
	100m:	1:13.03 38.35	200m:	2:29.69 38.60	300m:	3:47.31 39.14	400m:	5:04.33 38.37		
5.	LENS, Pauline		92	BOUST					<b>5:39.51</b>	353
	50m:	37.73 37.73	150m:	2:03.37 43.38	250m:	3:30.00 42.99	350m:	4:57.06 43.50		
	100m:	1:19.99 42.26	200m:	2:47.01 43.64	300m:	4:13.56 43.56	400m:	5:39.51 42.45		
6.	BRUGGEMAN, Hélène		93	CNSN					<b>5:56.87</b>	304
	50m:	38.97 38.97	150m:	2:08.10 44.83	250m:	3:39.95 46.24	350m:	5:12.97 46.21		
	100m:	1:23.27 44.30	200m:	2:53.71 45.61	300m:	4:26.76 46.81	400m:	5:56.87 43.90		
forf.nd.	CATY, Maud		93	CNBA						

19 ans et plus

1.	MURPHY, Kelly		90	WN					<b>4:55.45</b>	535
	50m:	34.51 34.51	150m:	1:47.37 36.72	250m:	3:02.57 37.49	350m:	4:18.33 38.11		
	100m:	1:10.65 36.14	200m:	2:25.08 37.71	300m:	3:40.22 37.65	400m:	4:55.45 37.12		